

Don't let the
GRINCH steal your heart!



Discuss Together: Talk about the various preparations you have seen throughout your community in getting ready for Christmas. What do you think it means to prepare your heart for Christmas?

Praise together: Sing "Joy to the World."



Read God's Word Together: And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. Matthew 22:37 Guard your heart above all else, for it determines the course of your life. Proverbs 4:23



Plan Together: What does it mean to have a hard heart?

This Christmas, how might you help someone who has a hard heart?



Serve Others Together: Ideas to try or create your own: Encourage someone. Make a card or small gift for someone who wouldn't expect it. Pay something forward at a store. Be a secret Santa for someone. Open the door for someone. Do a good deed.

Pray Together: *Dear Lord, help me love all people, especially those people who are hard to love. May they see you in me. Amen*

Don't let the
GRINCH steal your Joy!



Discuss Together: Is there a difference between feeling happy and feeling joy?

Praise together: Sing: "God Rest Ye Merry Gentlemen"



Read God's Word Together: So also, you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you. John 16:22

Plan Together: When things don't go your way, or something bad or sad happens in your family, how can you still feel joy? How can your family work together to be joyful?

Serve Others Together: Ideas to try: Make Christmas cookies and take them to a friend or neighbor who is going through a rough time. Carol to someone (*even over the phone!*) Plan a family fun night. Invite someone who is hurting to join you.



Pray Together: *Lord, help us watch out for people who may be hurting and help us to bring them some joy. In Jesus' name, Amen.*

Don't let the GRINCH steal your Peace!



Discuss together: What things make you feel like peace is hard to find or keep? Can one person help bring about peace?

Praise together: Sing or listen to, "I Heard the Bells on Christmas Day"



Read God's Word Together: "I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world." John 16:33
What do you think "in me you may have peace" means?



Plan together: What does it take to become a peacemaker? There's a song that says, "Let peace begin with me." *What can you do to promote peace with others?*

Serve Others Together: Ideas to try: Talk about empathy and learning about different perspectives. Get to know your neighbors better. Practice listening skills while sharing a meal.

Pray Together: *Lord, not all people are like me. Not all families are like mine. Help me to be respectful of others. In Jesus' name, Amen.*

Don't let the GRINCH steal your Love!



Discuss together: Can you love someone you don't like?

Praise together: Sing: "Away in a Manger"



Read God's Word Together: John 3:16 and Luke 2: 1-20

Use a Bible or look up on phone to read.



Plan together: Who might need love this Christmas? How can you use your gifts and talents and time to show love to someone this week? Who needs a big smile?

Serve Others Together: Ideas to try: Contribute to a food pantry, toy drive, or meal chain. Pray for someone that is hard for you to like. Give respite to a busy mom, or elderly caregiver. Give something to someone with no expectations of a gift in return.

Pray Together: *Lord, help me learn to be your disciple.*

I want to love you and love others. Forgive me when I make mistakes and keep me in your care. In Jesus name, Amen.